Thirty five years ago, a handful of nurses came together in an effort to learn from one another and promote their nursing profession. From that meager existence, the chapter has grown into more than an impressive number but has also evolved, encompassing different specialties beyond critical care but always with a shared passion for learning. They did not know it yet, but their courage and foresight made it possible for us to be together today. So it seems quite fitting that my presidency and this year’s theme is “COURAGEOUS CARE”

At this year’s NTI in San Diego, AACN President, Karen McQuillan from a borrowed statement from Franklin Delano Roosevelt said, “Courage is not the absence of fear, but rather the assessment that something else is more important than fear.” What courage really means is that we face our fears to do what we know is right, even when it’s not easy-especially when it’s not easy.

This year we will tackle new learning opportunities and new programs. We will institute a new format for our scholarships and incorporate the AACN webinars to strengthen our educational focus.

As your President, I ask that you live this year’s theme of COURAGEOUS CARE by experiencing these new opportunities with me and the rest of the Board of Directors (Continued on next page).
President’s Message (Continued)

FY 2016 GLBOC Board

- Maureen Haston - (President-Elect)
- Jodi Caggiiano - (Treasurer)
- Bettina Rohrer* - (Treasurer-Elect)
- Claudia Skinner - (Secretary)
- Linda DeStefano - (Program Chair)
- Paul Tongsy - (Webmaster)
- Maria Rosal - (Membership Chair)
- Cher Hagaman - (Program Chair)
- Jennifer Hayakawa - (Newsletter)
- Sandy Monterosso - (Hospital Liaison)
- Marlene Samoy - (Hospital Liaison)
- Mary Beiermann - (Hospital Liaison)
- Carol Cox - (Board Member)
- Diane Brown (Past President)
- Vivian Norman (Director-at-Large)
- Marysol Cacciata (Director-at-Large)

Graduating from the LA County College of Nursing in 2000, Joy spent her new graduate years in the Los Angeles area hospitals before succumbing to the lure of travel nursing in 2004. Joy has been actively involved in GLBOC since moving to Orange County in 2006 and becoming the Membership Chair for several years. She credits AACN with expanding her horizons when she went to Washington DC for the Nurse Internship program while completing her graduate studies. She has been a staff nurse for the night shift definitive observation unit in Kaiser Permanente Orange County since 2008. When not at work or sleeping, she and her husband Chris try to keep up with the active schedules of their two rescues, Riley and Reese.

I want to take this opportunity to applaud these wonderful people who will be giving their time and themselves in your service this year.

COURAGEOUS CARE is not just something that we practice at work. We also have to have the courage to take care of ourselves just as we take care of our patients and those around us.

- Joy Anne L. Fumera, RN, MSN

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GLBOC Thanksgiving Food Drive

For the third year, GLBOC will sponsor a Thanksgiving Food Drive in support of Share Ourselves (SOS). We will be collecting non-perishable food items at our monthly meeting on Wednesday, November 4th.

SOS is a nationally recognized health center and is a model in providing excellent care and resources for those in need in Orange County. They serve those living at or near the poverty level, the homeless, the uninsured, the working poor, families, individuals, and those with low income in Orange County.

Last year, 1,411 Thanksgiving food bags were distributed, and 1,680 families with 4,436 children received gifts and food in their Holiday Adopt A Family Program. Your generosity in the past has been appreciated, and we would like to offer continuing support of this community program.

If you would like further information on their numerous medical and community volunteer opportunities, please contact Julie Neja, Volunteer Services Manager at 949-270-2113 or jneja@shareourselves.org

Thank you for your generosity and your commitment to serving our community.

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*Joy Cacciata

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*Joy Cacciata
Palliative Care and End of Life Education Symposium
St. Jude Medical Center in Fullerton
October 5th from 0800-1700

This course is designed to acquaint healthcare providers with the principles of palliative care. The curriculum was developed by the End-of-Life Nursing Education Consortium (ELNEC) in response to the need to provide improved care for patients with long-term chronic and terminal illnesses. This course is an overview improving end-of-life care and the role of nursing and all members of an interdisciplinary team in providing quality care.

Free for SJH/Hoag employees. Students and non-employees are $80
Includes breakfast, lunch & 7.5 CEUs

To Register (deadline is 9/25):
SJH employees: Register online with Healthstream, select course list, search CL; SJMC Palliative Care and End of Life Education Symposium

For students and non-employees:
Contact Kimberly.Wagner@stjoe.org
Or (714) 992-3017

CCRN/PCCN Review Course
St. Joseph’s Hospital in Orange
Sister Elizabeth Bldg. Conf Room 4
October 16th and 19th from 0800-1630
Parking is $8 per day on site

Early Bird Registration (postmark 30 days prior to course)
- $99 for St. Joseph Health System employees
- $99 for AACN chapter members
- $99 for students with ID

$129 for all postmarked after 30 days prior to course and for all other participants

$149 for on-site registration

Price includes breakfast and lunch, syllabus and class materials

Pass or You Don’t Pay Guarantee
(Conditions apply. Please refer to website for details)

For more information, please email Linda Destefano
nurselindaicu@msn.com
Website: MyNurseEd.com

Save the Date
Pediatric CCRN Review Course
Co-sponsored by CHOC and Miller’s Children
at CHOC in Orange
February 27th and 28th!
CHOC Children’s Pediatric Intensive Care Unit Earns Gold Beacon Award

The American Association of Critical-Care Nurses (AACN) recently conferred a gold-level Beacon Award for Excellence on the pediatric intensive care unit (PICU) at CHOC Children’s Hospital (CHOC). The CHOC PICU is a 3 time Beacon Award winner.

The Beacon Award for Excellence recognizes unit caregivers who successfully improve patient outcomes and align practices with AACN’s six Healthy Work Environment Standards. Units that achieve this three-year, three-level award with gold, silver or bronze designations meet national criteria consistent with Magnet Recognition, the Malcolm Baldrige National Quality Award and the National Quality Healthcare Award.

AACN President Teri Lynn Kiss, RN, MS, MSSW, CNML, CMSRN, applauds the commitment of the caregivers in CHOC’s PICU for working together to meet and exceed the high standards set forth by the Beacon Award for Excellence.

“The Beacon Award for Excellence recognizes caregivers in stellar units whose consistent and systematic approach to evidence-based care optimizes patient outcomes. Units that receive this national recognition serve as role models to others on their journey to excellent patient and family care,” she explains.

CHOC’s PICU earned a gold award, the highest designation, by meeting the following evidence-based Beacon Award for Excellence criteria: leadership structures and systems; appropriate staffing and staff engagement; effective communication, knowledge management, learning and development; evidence-based practice and processes; and outcome measurement.

“The entire team in our pediatric intensive care unit is dedicated to the highest standards of patient safety and care. We are entrusted with caring for some of the sickest and most medically fragile patients, and our goal is to deliver the best possible outcomes for them and their families,” says Melanie Patterson, DNP, MHA, RN, vice president, patient care services and chief nursing officer, CHOC Children’s Hospital. “While getting our patients better is our greatest reward, we are truly honored to receive this high distinction from AACN.”

Highlights from our September Dinner and Networking Event

Mary Beiermann, RN has worked at Long Beach Memorial for 36 years, primarily in Critical Care and 20 in the CCU/CVICU. She recognized a gap offering families bereavement interventions. She created the ECG Memento®, and along with Amanda Brubaker, RN and Dr. Peggy Kalowes, Director Nursing Research, Innovation and EBP, developed, and tested its’ value for families as they transition from anticipatory to bereaved status and evaluated its’ effectiveness on nurses’ satisfaction with the expression of grief process and integration as part of bereavement care. 28 family members completed a survey with 61% stating that the ECG Memento® was extremely helpful to very helpful in helping them cope with the loss, and 40% viewed it daily. 25% found it somewhat to slightly helpful and 14% never looked at it or found it helpful. 100% (27) of the nurses thought it was well received, however only 40 % of nurses felt patient symptoms were controlled in the dying and death experience. Recommendations are to develop a more robust ICU Bereavement program, including integration of the ECG Memento®. MemorialCare Medical Foundation funded this project.

Mary Beiermann is on the current GLBOC Board of Directors and serves as the Hospital Liaison for LBMMC.
August GLBOC Dinner and Networking Event
Peri-Operative Goal-Directed Therapy

Do you know your patient’s current hemodynamic status? Being the diligent critical care nurse that you are, of course you know your patient’s current blood pressure, heart rate, urine output, and maybe even their CVP. And, if you are caring for one of our sicker patients, you may even know their current SvO2, monitored from an invasive central line.

What if you could have this valuable real-time information without the invasiveness of an arterial line or a pulmonary artery catheter? This question was answered at the August GLBOC dinner at the Turnip Rose. Edwards Lifesciences has developed the ClearSight System, “a noninvasive system that uses a finger cuff with an infrared light system and an inflatable bladder to accurately measure continuous beat-to-beat blood pressure and cardiac output.” It’s about as invasive as wearing two Pulse-Oximetry-sized probes and one of those fancy new iWatches you wish you had.

Why would this be so valuable, especially for our surgical patients? Dr. Davinder Ramsingh, an Anesthesiologist and Associate Professor at UCI states numerous studies showing that preemptive hemodynamic interventions, such as administering Albumin or PRBCs, in pre-surgical patients help to improve patient outcomes (some even show better outcomes up to 15 years later!). In fact, in the U.K., Peri-Operative Goal Directed Therapy is already as expected in hospitals as measures to prevent skin breakdown are expected here in the United States.

Dr. Ramsingh is responsible for developing a nurse-driven protocol for optimization of fluid administration in UCI’s Burn Center, and is positive this will become a national standard of care in the United States in the upcoming years. Isn’t that exciting!?!?

However, as with most things in healthcare, the pediatric world is behind the adult world. Unfortunately, there are not many (if any) pediatric studies supporting Peri-Operative Goal Directed Therapy, nor does Edwards have any non-invasive hemodynamic monitoring devices for pediatrics (The ClearSight is for use in patients over 16 years old, per the Edwards representative). So, what’s the take-home for all of the pediatric nurses out there? Dr. Ramsingh encourages us to continue to be attuned to our patient’s hemodynamic status, maybe even considering routine pre-operative echocardiograms to evaluate stroke volume and contractility. And maybe someday we will discover exciting benefits of using Peri-Operative Goal Directed Therapy in our little kiddos, too.


Submitted by: Heather Parker
Please Join Us the 1st Wednesday of Every Month at 6:30pm for our Monthly Dinner and Networking Events

October: To Be Determined
November: Sponsored by Genentech
December: Sponsored by Sage
January: Sponsored by Arjo-Huntley (Roto-prone beds)

More information, including event locations will be emailed to members closer to the date of the event. Thank you for your patience.

Benefits of Joining:
• Network with fellow nurses in the Orange County, Los Angeles and Inland Empire
• Priority registration for Monthly educational programs
• Discounted educational program participation fee of $10 (nonmember fee is $20)
• Unlimited free CE
• Included subscriptions to Critical Care Nurse, American Journal of Critical Care, AACN Bold Voices and weekly AACN e-newsletter
• Special member rates and discounts for AACN products and services

Interested yet?
• Check us out at www.glboc.org
• Attend one of our monthly programs.
• Email Maria Rosal (mrosal.m@icloud.com) to reserve your place.

CHAPTER MEMBERSHIP FEE
• Chapter Membership dues are $25.00 /year or $60.00 for three years.
• A national AACN membership is a requirement for chapter membership.
• Annual rate is $78.00 or you can join during one of the journal club meetings at a decreased rate of $69.00

Still Unsure? Try us out!
• Attend one of our programs without signing for a membership for only $10.00.
• We are so sure you will want to become a member that we can consider your fee as part of your annual chapter dues. Email Maria Rosal (mrosal.m@icloud.com)

Current Members: Check your membership status online

Make sure you are current and that your email is accurate within the system to ensure that you receive our emails and notifications of events
• Log-in at www.aacn.org
• Click on My Account on light blue banner up top
• Click on Check Membership Status or
• Click on Check Chapter Membership Status
About AACN

MISSION
Patients and their families rely on nurses at the most vulnerable times of their lives. Acute and critical care nurses rely on AACN for expert knowledge and the influence to fulfill their promise to patients and their families. AACN drives excellence because nothing less is acceptable.

VISION
AACN is dedicated to creating a healthcare system driven by the needs of patients and families where acute and critical care nurses make their optimal contribution.

VALUES
As AACN works to promote its mission and vision, it is guided by values that are rooted in, and arise from, the Association’s history, traditions and culture. AACN, its members, volunteers and staff will honor the follow

Ethical accountability and integrity in relationships, organizational decisions and stewardship of resources.

Leadership to enable individuals to make their optimal contribution through lifelong learning, critical thinking and inquiry.

Excellence and innovation at every level of the organization to advance the profession.

Collaboration to ensure quality patient-and family-focused care.

Is there something you would like to see in our quarterly chapter newsletter? Any upcoming events at your organization that you want to advertise? An exciting evidence-based practice project you want to share? We would love to include it. Please email the GLBOC newsletter editor Jennifer at jhayakawa@choc.org