SAVE THE DATE!!!

TRENDS in CRITICAL CARE
October 6-9, 2015
Valley Forge Event Center
See Highlights → → →

Why Attend TRENDS in Critical Care?

• Learn from national and local experts speakers who will bring you the most up-to-date information in caring for patients with life-threatening illnesses

• Over 109 sessions with specialty tracks for: high-acuity med-surg nurses; trauma nurses; pharmacology; neurological/stroke nurses

• Meet National AACN President-Elect, Clareen Wiencek, who will speak on the President’s Theme, “Courageous Care”

• Mingle in the Exhibit Hall and see old and new products

• Meet nurses from around the region and country who share your expertise and commitment to critical care and high acuity nursing

• Network with colleagues from around the region and country

Welcome, everyone, to the newly revised SePANotes newsletter which is a quarterly publication that will keep you, the membership, up to date on SePA activities and information. SePA is among the largest chapters in AACN and has a rich history to its credit.

I have been a critical care nurse for 35 years and a SePA member for almost as long. I consider myself an educator and have educated students at the associate’s, baccalaureate, and master’s levels of nursing. I also taught critical care and trauma courses (I still teach trauma) topics to practicing registered nurses. I was president-elect for a year, serving under the leadership of Anne Marie Palatnik, MSN, RN, ACNS-BC, assistant vice president for Virtua’s Center for Learning, who led the organization during a time of great change. Anne Marie and Barbara Pope, MSN, RN, twice past president of SePA, have created momentum in the chapter and I strive to maintain that momentum. In fact, our transition meeting was a celebration; everyone ate and went home with a tee shirt. Celebrating is an important aspect of a healthy environment.

SePA committees and board members have worked diligently this past year to organize our annual TRENDS in Critical Care Nursing conference which will be held at the Valley Forge Event Center in King of Prussia, PA during the week of October 6-9, 2015. I look forward to meeting you there.

We continue to take our critical care certification course on the road. We affectionately call this SACOR for SePA Chapter of AACN Certification On the Road. Our upcoming classes will be held in Atlantic City, NJ in September, Allentown, PA in November and Woodbury, NJ after the first of the year.

(Continued on next page)
SePA had its strategic planning meeting in June to work on various activities but also to conduct a S (strengths) W (weaknesses) O (opportunities) and T (threats) analysis. Strengths and weaknesses are factors internal to the organization while opportunities and threats are factors external to the organization. The group agreed that we have a dedicated group of individuals maintaining the chapter but one of our weaknesses is that we have a dedicated group of individuals. Opportunities abound for us. We need to market and advertise the chapter in a variety of venues including TV, radio, internet, Facebook, nursing journals, and bill boards. We can tap into other organizations and partner with chapters to provide joint programs. Major threats include free nursing contact hours, the changing healthcare landscape and environment, and the economy causing hospitals to limit the number of people to send to conferences. If you’re interested in helping us in any of these areas, please contact us through our website at Nursing Network.

SePA’s mission is to Support, Educate, Promote, and Advance critical care nurses. To learn more about SePA, its scholarships, general information, and activities, and stay informed go to our website https://aacnsepa.nursingnetwork.com. Check out the TRENDS brochure while there and register online at the same time.

Thank you, SePA members, for your continued support of the chapter. Thanks also to the board and committee members for your continued efforts on behalf of the chapter.

Have a great fall!

(Below)
SePA Members engaged in Strategic Planning Meeting
Chapter Committee Information

**Audit Committee**

Terri Campana RN, MSN, CCRN  
Critical Care Clinical Nurse Specialist: Inspira Medical Center  
Chair: Audit Committee

One of the financial controls that each chapter must implement is that of conducting an annual financial audit of the previous fiscal year (July 1-June 30). This audit allows for the review of financial transactions and policies on a regular basis and is required by the American Association of Critical Care Nurses (AACN). These audits are important to ensure the chapter is operating in a fiscally responsible and legal manner. It is through these audits that the chapter can be transparent to the membership about its finances and it allows for an outside review of the financial transactions.

The Audit Committee consists of three chapter members who are not current officers of the chapter and do not have accountability for handling chapter financial matters. This is an important function of the chapter and we are always in need of volunteers to join this committee. Consider your activity on the Audit Committee as a valuable contribution to the chapter.

(From left to right)  
Terri Campana, Laurie Dougherty and Amy Pelleg working on the audit

**Awards and Scholarships**

Clare Marie Tack, RN, MSN, CCRN  
Nursing Supervisor: Aria Health, Bucks Campus  
Chair: Awards and Scholarship Committee

SePA offers scholarships to help Support, Educate, Promote, and Advance critical care nurses. Two scholarships are available for nursing students to attend TRENDS. The Ann Braun Undergraduate Nursing Student and the Alice Stein Novice Critical Care Nurse scholarships are listed on our website [https://aacnsepa.nursingnetwork.com](https://aacnsepa.nursingnetwork.com) with the application forms. Review the details of each to apply, nominate a deserving colleague, or share the forms throughout your school and work place! You may also contact sepaawards@sepa-aacn.org for more information.
Awards Committee News

(RIGHT) Holly Rodgers wins the Patsy Whitner Award

The Patsy Whitner award is the highest award the chapter gives out each year. Patsy Whitner, was a Staff Development Coordinator at Albert Einstein Medical Center and an active member of the SePA Chapter, serving as President in 1978-1979. She was committed to professional development through continuing education. A Scholarship Fund was established many years ago to be awarded to an active chapter member to offset costs to attend the AACN National Teaching Institute (NTI) in Patsy’s memory, as she supported and attended the NTI regularly. Congratulations Holly!

(LEFT) Tricia Nichols wins the Eileen Kelly Excellence in Nursing Education Award

Eileen Kelly, MSN, RN, CCRN, was a clinical nurse specialist in the medical/surgical cardiac care and intermediate cardiac care units at Thomas Jefferson University Hospital for more than 15 years and an active member of the SePA Chapter, serving as president in the 1990’s. She was committed to developing exceptional critical care and cardiovascular nursing knowledge and skills through continuing education. The recipient of this award is a role model for lifelong learning in nursing who demonstrates how continuing education can inspire critical care and cardiovascular practice. Congratulations Tricia!
Research Dinner Program
April 2015

Rose Shaffer, RN, MSN, CRNP, CCRN
Cardiology Nurse Practitioner: Thomas Jefferson University Hospital
Co-Chair: Research Committee

The annual SePA Chapter Research Dinner Meeting was held in April at the Hilton DoubleTree at the Philadelphia Airport. It was an exciting evening! It started with a cocktail hour with research poster presentations. This was followed by dinner and a research presentation by our guest speaker, Kathryn Bowles, PhD, RN, FAAN from the University of Pennsylvania School of Nursing. Dr. Bowles spoke about her program of research, which examines decision-making supported by information technology to improve care for older adults. Her ongoing study funded by the National Institute of Nursing Research, focuses on decision-making and the development of decision support for hospital discharge referral decisions.

Two awards were presented before the formal program. The Research Grant Recipient, Carey Heck, PhD, RN, was awarded funding for her research project on moral distress. The second award was the Pasty Whitner award. This is the highest award the SePA Chapter offers and is a surprise to the recipient. This year’s recipient was Holly Rodgers, MSN, CRNP, ACNPC-AG, CCRN, nurse practitioner in the Surgical Intensive Care Unit at the Philadelphia VA Medical Center. Holly joined the chapter about 2 years ago and quickly became involved in the organization. She is currently co-chairing the chapter research committee and is involved in posting chapter events on the Nursing Network and FaceBook websites. In addition to the award presentations, the slate of candidates running for chapter officer positions was announced.

The research committee is a fun committee. In addition to planning the research dinner meeting, we also review research grants, evidence-based research projects and clinical project grants, for which we potentially provide funding. We review research poster abstracts for both TRENDS and the research dinner meeting. We also hold one research roundtable, one journal club and one methods talk each year. Check out the SePA website on the Nursing Network for information.
American Association of Critical Care Nurses
Jersey Shoreline Chapter
Proudly Hosts
The AACN Regions 2 & 3 Collaborative
November 19 & 20, 2015
The Breakers Hotel
1507 Ocean Avenue
Spring Lake, New Jersey 07762

Event Overview
Please join our regional collaborative at a beautiful resort by the Jersey shore. This event will not only allow you to network with members throughout the region, but provide you the opportunity to meet and interact with our CATs and national board members and learn about AACN national initiatives. In addition there will be continuing education offerings on the use of MIST therapy for wound care and the concept of high reliability and how it impacts quality of care at the bedside. Time will be allotted for breakout sessions to engage participants in a discussion of chapter issues or challenges. A “nursing care planning” tool will be introduced which will enable you to apply it and facilitate a workable plan to share with your chapter. “Hot Topics” will be explored about technology usage such as websites, social media, payment methods, and registration for chapter events and about engaging the next generation of AACN chapter members and leaders.

The program will begin on the evening of Thursday November 19th at 6PM with a cocktail hour, followed by dinner and an educational program. On Friday November 20th we will start day 2 at 8AM with a breakfast buffet. We will provide lunch and the full day event will end by 4PM.

In accordance with the 2015-2016 AACN Theme, we want to hear about the “Courageous Care” being delivered throughout our regions. Please encourage your members to share their stories by making a short, one to two minute video, and emailing it to Lisa.Falcon@rwjuh.edu. These stories will be featured during our regional meeting.

“For us as nurses,” AACN President Karen McQuillan said, “Courageous Care means doing what is necessary to provide the best possible care for our patients and their families. Period.”

“We nurses show courage daily,” she said. “We demonstrate Courageous Care each time we step up to advocate for our patients, challenge the way we’ve always done things, gain knowledge to care for complex patients or have a difficult conversation with a colleague who has lost their passion for nursing. We also demonstrate Courageous Care when we recognize our own needs and take the time to renew and recharge ourselves.”

“I challenge us to show the world that we as nurses don’t just provide care for people,” McQuillan explained. “We tend to the needs of patients and their families at the most vulnerable times of their lives. We work to reshape the very face of healthcare and to reimagine the way healthcare is delivered.”

See next page for registration information and a registration form: Looking forward to seeing you!
Registration Information

The cost of the program is $225/per person

The fee for the program includes:

- Overnight accommodation at ocean front hotel (Thursday evening)
- Cocktail hour & dinner on Thursday evening
- Breakfast and lunch on Friday
- Course Materials

RSVP by November 2, 2015

The Jersey Shoreline Chapter will be responsible for booking your room with the Breakers for the regional collaborative event.

At present the only form of payment we can accept is a check.

To register please complete the registration form attached.

Please make checks payable to the Jersey Shoreline Chapter of AACN and mail to:

Maureen O’Brien
24 Point O’Woods Drive
Toms River, NJ 08753

If you are interested in spending the weekend at the “shore” and are interested in staying at the Breakers, those arrangements will need to be handled by you personally and independent of the regional program.

Registration Form:

Name:

Phone Number:

Please provide a number that we would be able to contact you on while you are traveling.

Email Address:

Home Address:

Home Chapter Name:

Approximate time of arrival to The Breakers

Please make checks payable to the Jersey Shoreline Chapter of AACN and mail to:

Maureen O’Brien
24 Point O’Woods Drive
Toms River, NJ 08753
Plan Ahead to Attend a SePA Meeting or Event:

Everyone is Invited!

Calendar of Events (September to December 2015)

<table>
<thead>
<tr>
<th>DATE</th>
<th>MEETING or EVENT</th>
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<tbody>
<tr>
<td>Wed. September 2, 2015</td>
<td>Communication/Informatics Meeting online at 7 pm</td>
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<tr>
<td>Thurs. September 3, 2015</td>
<td>Research Committee General Meeting at Jefferson Hospital at 6:30 pm</td>
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<tr>
<td>Tues. September 8, 2015</td>
<td>Education Meeting at Virtua Center for Learning at 6 pm</td>
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<tr>
<td>Tues.- Fri. October 6-9, 2015</td>
<td>TRENDS at Valley Forge Event Center</td>
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<tr>
<td>Wed. October 14, 2015</td>
<td>Communication/Informatics Meeting online at 7 pm</td>
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<tr>
<td>Wed. November 4, 2015</td>
<td>Communication/Informatics Meeting online at 7 pm</td>
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<tr>
<td>Thurs. November 5, 2015</td>
<td>Research Business Meeting at 6:30 pm and Research Roundtable at Jefferson Hospital at 7:30 pm (room TBA)</td>
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<tr>
<td>Tues. December 8, 2015</td>
<td>Education Meeting (6pm)/Board Meeting (7:15pm) at Virtua Center for Learning</td>
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CALL for GRANTS in Support of CLINICAL PROJECTS, EVIDENCE-BASED RESEARCH and ORIGINAL RESEARCH

Grants in support of clinical projects, Critical Care Research and Evidence-Based Research are available to SEPA members conducting research or working on evidence-based projects (up to $1500) or who plan to develop or have developed a clinical project to benefit patients (up to $500). Visit the Nursing Network Website for more information and an application.

SePA on Social Media
Holly Rodgers, MSN, CRNP, ACNPC-AG, CCRN
Nurse Practitioner: Surgical Intensive Care Unit, Crescentz VA Medical Center, Philadelphia, PA
Co-Chair: Research Committee

If you’re looking for the latest SePA Chapter information, committee activities, meeting locations/dates/times, and a complete calendar of our programs and events, be sure to join the Nursing Network at https://www.nursingnetwork.com/. It is free to join and once you are logged in, search for the Southeastern Pennsylvania Chapter of AACN and then choose to "follow" our group page. Voilà! You are now connected and guaranteed to receive email announcements about all things SePA! You can register to join SePA and/or renew your membership through the Nursing Network website. Over the past few years this has become our chapter's main website and is updated weekly by members of our Communications Committee. It is also synced with our Facebook page at https://www.facebook.com/SePAAACN.

You didn't know we were on Facebook? Well now you do! Be sure to "like" us there for even more SePA chapter updates, pictures from our events, and an opportunity to share with your colleagues!