It is summer! The CECRAOHN Board has been busy with many activities, including two recent local CE programs focusing on both environmental health and new and emerging occupational health topics featuring several UCSF students. A big thanks to Stephanie Phelps, Vanessa Scheger and Karen Sternstein for all of their planning. We have another exciting program scheduled for Saturday, September 6th at Korbel Winery. Plan now to attend, and read about the details in this newsletter.

Several CECRAOHN members attended the AAOHN Global Summit and the AAOHN National Conference in Dallas in early May; I personally came back very energized; hearing about Blue Zones was probably the most interesting session I attended. Read about “Secrets to a longer life!” http://www.bluezones.com/

The biggest news is our new website, and I wish to acknowledge the work of Salena Quan who has moved this ahead, with the support of the Board of Directors. A big thanks and round of applause to John and Connie Conover, who have been our webmasters for many years.

We have two new committees if you want to get involved: Communication/Media Committee and Government Affairs Committee. Most of the committee work is done via email and conference calls. This is your chance to receive some mentorship and help move forward important projects. For example, the Committee and Media Committee will be updating our chapter brochure once we have a new logo; Government Affairs is making sure the OHN voice is heard, and there are opportunities to draft letters, attend hearings, and present testimony.

I wanted to also acknowledge and thank Katy Lind Evelyn, who was on our Board of Directors, and also on the Board of CSAOHN, shepherding the Government Affairs Program for almost two years. Katy has accepted a Nurse Consultant position at the California Division of Industrial Relations, Division of Workers’ Compensation, and therefore needed to resign this position due to potential conflicts of interest. Congratulations to Katy! We will miss her energy and talents in Government Affairs. I wish to send a heartfelt thank you to Katy for her years of service on behalf of occupational health nursing. Denise Souza has been voted onto the CSAOHN Board for the remainder of Katy’s term. Thank you Denise!

I wanted to close by sharing a brief quote from the paper “From Purpose to Impact” by Nick Craig and Scott Snook, published in the Harvard Business Review in May 2014. “The two most important days in your life are the day you are born and the day you find out why” – Mark Twain. Let us find out together how CECRAOHN helps you fulfill your purpose and impact in occupational health nursing.

- Barbara
Welcome 2014 CECRAOHN Board!

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<tr>
<td>Barbara Burgel</td>
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<td>Nonie Devens</td>
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<td>Susan Hazy</td>
<td>Past President</td>
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<td>Bev Nuchols</td>
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<td>Karen Sternstein</td>
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<td>Denise Souza</td>
<td>CECRAOHN - Governmental Affairs</td>
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<td>CSAOHN Liaison - Governmental Affairs</td>
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Board member positions still available!

CECRAOHN NEEDS YOU

Nominations are being accepted for positions for next year. Please contact Cathy Malabanan (malabanan@yahoo.com), Susan Hazy (susan_hazy@agilent), or Michelle Pastor (michelle.pastor@kp.org) if you are interested.

Positions open: 2 for nominations and 2 directors (membership and government affairs).

More urgently we need 2 members to work on Programs as Vanessa Scheger has resigned from that position and Stephanie Phelps is only serving until Dec. 2014. CECRAOHN has wonderful Programs which will end if members do not come forward. Please contact Cathy, Susan, or Michelle

- Michelle Pastor, Susan Hazy, and Cathy Malabanan
We are pleased to announce our NEW website at www.cecraohn.org

We have changed the look of both our website and email announcements. You will still receive notifications of upcoming CECRAOHN events and important news via email. Please check our website frequently for the latest news!

Our new website features:

- Updated job postings
- News and announcements in the field of Occupational and Environmental Health
- Ability to network with other members who have registered to join our website
- Access to our newsletters
- Access to our bylaws and meeting minutes (*registered website users only)
- Ability to RSVP for events via our website
- Send CECRAOHN a message directly via our website

*Please note: for full access to the website, and to keep up to date on chapter news and announcements, free registration is required through Nursing Network. Only tabs with * are required. Your information is kept confidential and you will not be contacted outside of CECRAOHN purposes.

If you have any feedback or questions regarding the website, please email cecraohn@gmail.com

Other Announcements:

- CECRAOHN now has a new email address: cecraohn@gmail.com
  Feel free to send an email with any suggestions, feedback, or comments

- “Like” CECRAOHN on Facebook!

CECRAOHN is now on Facebook! “Like” us on Facebook to receive our latest news and links to our website. Click here to go to our Facebook page
Upcoming CE Events

CECRAOHN Member Appreciation Event at Korbel Winery

Korbel Winery Tour Saturday, September 6 at 10AM

Korbel Champagne Cellars
13250 River Rd Guerneville
Guerneville, CA 95446

Cost: Free for members, $35 for non-members

CEUs: 2

Agenda:
10:00-11:30 History tour, production, and campagne tasting
11:30-12:00 Box lunches provided
12:00-1:00 Safety lecture
1:00-1:15 Closing and evaluations

Monterey Mushrooms Saturday, October 11 at 8AM (Please note the date has changed)

Morgan Hill Mushroom tour, farm worker immunizations, lunch and discussion

Agenda:
- Mushroom tour and community service of administering flu vaccines to mushroom workers and their family members
- Location: South Bay
- Limit to 10 participants

More information to come including injection refresher!

CSAOHN State Conference in San Diego November 13-15

“Coloring Outside the Lines in Occupational and Environmental Health”

For more detailed information, or to RSVP, please see our website events section at www.cecraohn.org

Other Occupational Health Events:

WOEMA 2014 September 17 – 20 in San Diego

Florida Occupational Health Conference September 11-14 in Orlando
Design a New Logo for CECRAOHN

**Purpose:** Redesign a new logo in line with our mission and purposes (see below)

**Due:** Submissions due by August 30th to cecraohn@gmail.com

**Prizes:** The artist of the chosen logo will receive a $100 Amazon gift card

**Guidelines:** Original, uncopyrighted work only

**Judging:** Submissions will be independently rated by CECRAOHN Board members. CECRAOHN members will then be asked to vote from a subset of submissions

Submissions open to all CECRAOHN members, or family/friends of CECRAOHN members

No limit to amount of entries

Send any questions to cecraohn@gmail.com

*Note:* If the logo is chosen, the artist will need to sign over rights and ownership to CECRAOHN

Current logo:

![Current logo](image)

**Mission Statement:**

California El Camino Real Association of Occupational Health Nurses is a leader in promoting occupational and environmental health standards and best practices in the workplace while providing opportunities for quality continuing education and professional networking

For a full statement of CECRAOHN’s purposes, please go to the website at www.cecraohn.org in the About Us section
The theme for the Dallas conference was “Across Borders: Practice, Protection, and Productivity.” The opening talk was by Dan Buettner who shared their research on blue zones where there are communities of people living a high quality of life over the age of 100. What do Okinawa, Sardinia, and Loma Linda, California have in common? We learned the importance of social networks, plant-based diets, engagement, and maintaining a positive attitude towards aging, to name 4 of 9 practices associated with longevity. This talk was followed by a business perspective of the Affordable Care Act, specifically answering the question on whether employers were now going to be dropping employees to less than 30 hours so that they could avoid providing employer-based health care (which may happen in certain industries). Steve Wojcik from the National Business Group on Health shared data primarily from the Mercer Survey on Health Care Reform—not surprisingly a lot is going on with the Affordable Care Act (ACA) including the need for employers to reduce the cost of individual coverage to $10,200 by 2018, or face an excise tax (currently, according to Towers Watson cost data, individual coverage is averaging $12,600 annually). Mr. Wojcik challenged us to think about improving workforce health with the goal to reduce coverage costs. Jordan Barab of federal OSHA shared an OSHA update, with a focus on hospital employee health, specifically back injuries, chemotherapeutic agents, and influenza. Linda McAuley, Dean from the Emory School of Nursing, discussed ACA opportunities for OHNs in the areas of care coordination, health coaching, and health communication/health literacy. There were two “Thought leader” sessions I attended—one was on future challenges in occupational and environmental health nursing with Linda McCauley, Pat Strasser and Joy Wachs—the focus of the discussion was on standards of practice, research, and autonomy. The second session was on evidence based practice, and how to use these research skills to improve and update our practice. We are all encouraged to join Linked In to continue the dialogue on future challenges.

The 2015 AAOHN Conference will be held in Boston, MA on March 23-26, 2015, with preconference sessions beginning March 21st. The hotel will be The Westin Boston Waterfront. Plan now to attend!
The above was the title of AAOHN’s 2nd Global Summit held prior to AAOHN’s annual meeting in Dallas, Texas this year. The Global Summit was held over May 4-5, 2014 and was packed full of exciting presentations delivered by international Occupational & Environmental Health nurse leaders working in academic, research and corporate settings.

According to Norman Brown, Association Editor for Global Practice, AAOHN’s Workplace Health & Safety Journal, representation across the globe included speakers and participants from Nigeria, South Africa, Tanzania, Philippines, Australia, New Zealand, Japan, Germany, Ireland, Hungary, Pakistan, Thailand, United Kingdom, Canada and 23 U.S. states.

Over the two days, presentation topics covered a breadth of thought provoking topics, including a panel discussion titled “Vulnerable Populations: Health and Safety Strategies for a Global Workforce”. Our very own local experts - CECRAOHN President and UCSF Professor, Dr. Barbara Burgel and Dr. OiSaeng Hong, Director of Occupational and Environmental Health Nursing shared their research experience with vulnerable immigrant populations. The importance of cultural sensitivity and recruiting of community health workers contributed to lively discussion.

Other important global areas of discussion and dissemination of best practices included infectious disease and safety risks for business travelers, country specific models of Occupational & Environmental Health Nursing (OEHN), the history, practice and education of OEHN in South Africa, England, Hungary, New Zealand and Japan, promotion of the OEHN profession through a US/Asia OEHN partnership, reducing risk for needle stick injuries in a Tanzania hospital, smoking cessation in Ireland and resilience training.

Don’t miss the 2015 AAOHN 3rd Global Summit. You will be amazed and in awe of the wonderful accomplishments, expertise and sometimes courage our colleagues around the world experience.

Please visit the AAOHN website to read a very nice Global Summit review written by Norman Brown, Association Editor for Global Practice, AAOHN’s Workplace Health & Safety Journal. At the bottom of the webpage, you can download a “Synopsis of the Presentations”.
Nonie Devens is CECRAOHN’s newly appointed President-Elect.

Q: Are you from the Bay Area?
I am from Connecticut, now living in San Francisco.

Q: Where did you get your degree?
Undergraduate degree from Boston University, Graduate degree from University of San Francisco.

Q: Where do you work and how long have you worked there?
I worked at Kaiser Occupational Health for 9 years. Prior to that I worked for the City and County of San Francisco for 13 years. Currently, I am taking time off, for “semi-retirement”.

Q: How did you become interested in Occupational Health Nursing?
I worked in Orthopedics/ Neurology at Calif. Pacific Medical Center and learned about injuries and recovery from work related injuries.

Q: What is your job like?
I was the manager of the Medical Management Team at Kaiser, part of “Kaiser-On-the-Job”. We provided Case Management and Utilization Review for all the Kaiser employees with work related injuries.

Q: What do you like the best about your job?
I enjoyed working on new programs, like the new automated UR system.

Q: What do you like to do in your free time?
Now I have time to play tennis, take French classes and enjoy the Bay Area.

If you would like to be the next “Member in the Spotlight”, email cecraohn@gmail.com

If you would like to be the next “Member in the Spotlight”, please email board@cecraohn.org
Over 20 CECRAOHN members and guests attended CECRAOHN’s June CE event at UCSF. The title of the event was “New and Emerging Issues in Occupational and Environmental Health.” Deborah Gold, retired Deputy Chief for Health and Engineering Services at Cal-OSHA was the first speaker, presenting on bloodborne pathogens in the adult film industry. She discussed the spread of bloodborne pathogens within the adult film industry and the resistance among employers in the industry towards condom use. For more information on the act, see https://www.dir.ca.gov/dosh/adultfilmindustry.html

Kate Horton, Doctoral nursing student, presented next, also on the adult film industry, discussing the competing perspectives on sex workers health and rights, and policy.

Next, Soo-Jeong Lee, Assistant Professor at UCSF School of Nursing, presented her research and study on Safe Patient Handling and Musculoskeletal Symptoms Among California Nurses. Her study evaluated the impact of California’s Safe Patient Handling Law, requiring use of lift teams or equipment in general acute care hospitals.

Alicia Ross-Beck, also a Doctoral nursing student, presented research on pest management in child care centers. She discussed use of education and materials for child care centers to reduce the use of pesticides and thus pesticide exposures for children and staff.

Jasmin Chang, graduated this year from the Occupational Health Nursing masters program at UCSF, and presented her project on Bloodborne Pathogen Exposure Education for Police Recruits in San Jose. Due to high risk of exposure and lack of awareness of immunity status, she focused on education material on transmission risks, post exposure procedure, prevention, and immunity status.

Lastly, Elizabeth Thomas, PhD, Assistant Professor at UCLA School of Nursing, presented her research on MSK injury prevention through physical fitness programs at work, its effectiveness and economic impact.

The student presenters received a one year membership to AAOHN.

Membership Update:

Regular: 105

Treasurer’s Report:

As of June 2014, the CECRAOHN balance is:

$19,013.56
CECRAOHN Government Affairs Update as of July 5, 2014

California Senate and Assembly legislators have adjourned until noon Monday, August 4, 2014.

Bills and regulations of interest and followed by CSAOHN and CECRAOHN:

**AB1576 Hall** - Adult Film Industry: The bill was heard and passed the Senate Labor Committee. It was re-referred to the Senate Appropriation Committee where it will be heard in August.

**AB 1136**: The Hospital Patient and Health Care Worker Injury Protection Act became effective on January 1, 2012. This law requires general acute care hospitals to adopt a safe patient handling policy as part of their Injury and Illness Prevention Program. Cal OSHA continues to work on implementation of the law.

The last advisory meeting was held March 29, 2012. A “Discussion Draft” dated October 2012 was developed and is posted. No further meetings or activity have been posted to the Advisory Committee website.

For additional information:
General information including technical resources (see AOHP Resource Guide)
http://www.dir.ca.gov/dosh/Safe_Patient_Handling.htm

Interim Implementation Policy

**SB 193** would require chemical manufacturers, suppliers, distributors, importers and their agents, when requested to do so by the Hazardous Evaluation System and Information service (HESIS or the "repository" - a government agency maintained jointly by the Department of Industrial Relations and the Department of Public Health), and under conditions of confidentiality, to provide HESIS with a) the names and addresses of California employer customers who purchased specified toxic chemicals or commercial products containing specified toxic chemicals, b) the amounts purchased, and c) the proportion of the specified toxic chemical in the mixture, if a mixture. This bill equips HESIS to fulfill its existing mandate in Labor Code 147.2(b)(1) to provide reliable information of practical use to employers, employees, etc., re possible hazards to employees from exposure to toxic materials or harmful physical agents.

The bill was re-referred to the Committee on Appropriations August 6, 2013. It has come up for hearing August 14, 2013 and again July 2, 2014. Both times the hearing was postponed.

**Medical services and first aid**

**First Aid: Proposed changes for 8CCR 3400(c) pursuant to Cal/OSHA Standards Board Petition 519**
Occupational Safety and Health Standards Board reviewed petitions requesting the Board make changes to 8CCR 3400 General Industry Safety Orders First Aid Regulation. Petitions recommended review of first aid supplies or kit contents. Advisory meetings were first held in 2006 and then 2011. No concrete decisions have been made and the topic has stalled. CSAOHN is following.

**Occupational Lead Exposure and Medical Surveillance**
Recommendations for new reduced PEL and medical removal have been recommended. The California Department of Public Health (CDPH) has provided their recommendations for changes to the Cal OSHA's
Lead. The CDPH document and a summary of proposed changes under consideration are available on the Lead Standards Advisory Committee website. Detailed CDPH recommendations including a summary of the scientific background supporting revision of the Lead Standard is accessible on CDPH’s website. The last Advisory Committee meeting was held June 12, 2014. A future meeting is to be announced.

**Globally Harmonized System update to Hazard Communication – Health**

The Globally Harmonized System of Classification and Labeling of Chemicals (GHS), is an international system of chemical classification, labeling, and hazard communication adopted by the United Nations in 2003. The United States participated in development of the GHS and U.S. regulatory agencies are adopting the system.

The U.S. Department of Labor's Occupational Safety and Health Administration (OSHA) revised the federal Hazard Communication Standard in 2012 to align with the United Nations' GHS.

The Cal/OSHA Standards Board scheduled a hearing in Sacramento on November 15, 2012 to discuss the proposed safety orders to update our Hazard Communication standard and align it with the Federal standard based on the Globally Harmonized System (GHS). The idea was to “Horcher” those sections of the standard where federal language can be adopted without impacting California’s more stringent requirements (e.g. sections of our standard related to Proposition 65).

California State language approved and filed with the Secretary of State May 6, 2013. [http://www.dir.ca.gov/title8/5194-May-6-2013.html](http://www.dir.ca.gov/title8/5194-May-6-2013.html)

The Final HCS requires that workers are trained by 12/1/13 to facilitate recognition and understanding of the new labels and safety data sheets.

**United Nations Resource**

**Housekeeping in the Hotel and Hospitality Industry**

Below are links to documents presented in the Thursday, February 27, 2014 Cal OSHA Advisory meeting. No further meetings have been documented or scheduled per the schedule.

Draft language addressing UNITE HERE’s Occupational Safety and Health

**Standards Board Petition 526** for promulgation of a Safety and Health Standard for Protection of Hotel Housekeepers. The proposed draft is for discussion purposes only, and is not a rulemaking proposal. Elements of the “Discussion draft” include 1) Scope and Application; 2) Definitions; 3) Prevention Program and Job Hazard Analysis; 3) Control Measures and 4) Training.

Respectively submitted,

Denise Souza, MSN, ANP-BC, COHN-S/CM
Director of Government Affairs
Contact: dlsouza0129@gmail.com
CECRAOHN Scholarship Application

**General Information:** A $200.00 scholarship is awarded annually to a member of CECRAOHN to support attendance at the AAOHN Annual Conference or CSAOHN Annual Conference.

**Eligibility Requirements:**
1) Active member in good standing.
2) Active in the field of Occupational Health for at least one year.
3) Completed CECRAOHN Scholarship Application submitted at least two months before planned conference attendance.
4) Current Resume (attached to application).
5) Agreement to present a poster session on a conference topic following conference attendance.

**Application:**
I, _____________________________________, hereby apply for the CECRAOHN $200.00 scholarship to support my attendance at the AAOHN Annual Conference or CSAOHN Annual Conference (check which Conference choice applies). I agree to present a poster session to CECRAOHN members following Conference attendance.

Name: ______________________________________________________________________
Address: ____________________________________________________________________
Phone number: _____________________ E-mail: ____________________________________
Present Employer: ______________________________________________________________
Position: ______________________________________________________________________
Length of time employed in Occupational Health: ____________________________________
Personal Goal regarding Conference attendance:
____________________________________________________________________________ 
____________________________________________________________________________
Preferred Month to present a Poster Session following Conference attendance: __________

Completed application form and attached resume must be received two months prior to planned Conference attendance. Mail to:

CECRAOHN
Attention: Scholarship Application
P.O. Box 3132
Los Altos, CA 94024