President's Address

Stephanie Kassulke MSN, RN, CPAN

I am completing my term, Marlene Navahandi will be assuming the presidency starting July 1, 2015. Marlene has been our Government Affairs Representative, a member of the board of directors. She has gained the expertise to lead this organization and fulfill our goals and mission. Our Mission is "The Society is committed to the promotion of PeriAnesthesia nursing as a specialty and enhancing the professional growth of its members." Strategic goals are developed based on our mission. Summary of our accomplishments include the following:

- **WISPAN** offers three educational seminars per year. WISPAN is one of the few components that offer this number. The Board of Directors (BOD) works diligently to offer appropriate education.
- The BOD has worked to update policies and job descriptions this past year. Evaluating that the job descriptions, policies and bylaws compliment each other. This is an ongoing process.
- The website is being updated based on BOD decisions. The website was updated to be user friendly and informational. PayPal and online registration were added to decrease paper and appeal to the younger generation.
- Facebook account was created to improve communication with the membership. There are several ways to look for information; the website, facebook, and the AWAKENING.
- Honoring our membership has been promoted for several years. This year was the first year that nominees were submitted for the Excellence in Clinical Practice and Outstanding Achievement. The Winter Seminar in Madison was the location of the presentations.
- The Newsletter Contest Award was presented for article submission to the AWAKENING. This award is a free membership.
- Recruiter of the Year Award will be presented at the next Seminar.
- Upcoming seminars include a half day seminar in Milwaukee: topic to include anesthesia complication based on metabolic issues, respiratory and an intro into Malignant Hyperthermia setting the stage for the remainder of the day. The remaining speakers include a MHAUS physician and a drug representative regarding the next generation of dantriium.
- The second offering is an ASPAN offering. This is geared toward a certification review. This is one method to assist our membership in achieving their goals. Individuals that are interested in certification take advantage of the tools provided. The ABPANC website has means to study, the ASPAN offering and certifications coaches are there to assist you in your journey.

Look for opportunities to join this board there are several positions available. Watch for more information. I want to thank the BOD for all of their hard work. WISPAN wishes you a safe summer.
President: Stephanie Kassulke

National Conference Update:
- Representative Assembly Alarm fatigue Position Statement was approved.
- The standards will be reviewed and reviewed this year for presentation at the 2016 Representative Assembly.
- A work group was approved to discuss a recommendation for acuity based staffing for Phase I recovery. This is informational.
- National conference date is April 10-14, 2016 in Philadelphia, PA.
- WISPAN won the Shining Star Award from ABPANC, for the second year. The historian will be the keeper of the award.
- Will suggest to ABPANC the idea of a financial award versus a physical display.
- We need a volunteer for Certification Coach; CAPA and CPAN. Contact any BOD member if interested
- LDI-Leadership Development Institute LDI will be Sep 18-20 in St. Louis.
- WISPAN will send two board members to this. Pattie would be interested in attending.

Open BOD positions are:
- President elect
- Research,
- Treasurer,
- Standard operations
- Webmaster
- Scholarship

President Elect: Marlene Navahandi
- ASPAN Certification Review will be offered at Froedert Hospital in Milwaukee on Oct 3, 2015.
- This is a certification review course offered by National.
- More information from National.

Membership: Pat Kirk/Helen Kopitke
No report

Government Affairs: Irene Olson
- The Nursing Coalition meetings for the summer have been canceled.
- ASPAN legislative updates remain focused on the nursing shortage and RN staffing models.

Government Affairs Cont
- Wisconsin Nursing Association is working on the Affordable Care Act and how nursing plays a role in signing patients up for this.
- There have been many coaches in the community working to achieve this.
- The Registered Nurse Staffing Act was also discussed in regards to unit by unit staffing plans.

Past President: Bonnie Holziemer
- See President Elect

Standard Operations: Susan McLeish
- Report Standardization of all policies including the font, etc. should be conducted. The frequency of updating the website will be following each board meeting. Once the website is fully updated it can be an annual review.
- The board decided that all documents will need to be kept for 7 years to align with the maintenance of other key documents. We will touch base with Susan to confirm how to operationalize this.
- Once the documents are updated they will be sent to Jess to be placed on the website.

Marketing: Mary Raspanti
- Report WISPAN e-mail about membership should come from the WISPAN account.
- It is important to keep the relevance of membership on the forefront.
- Will continue to offer $10 off membership fee at the conference if you sign up that day.
- Continue with Columbia St. Mary’s and Cardinal Stritch connections to try to market to the students. Focus on students is important, but may not be the best use of our resources.
- This will be modified in our 2016 goals.

Research: Mitch Luker
No report

Historian: Holly Wenzel
No Report
Scholarships: Mimi Spence

- Consistent deadline for the International Conference scholarship applications.
  - April 15th was chosen to give applicants enough time to make plans.
  - Website and policy updated.
- Awarded 4 scholarships to Nationals.
- Awarded 2 scholarships to the winter conference: Continued page 3

Webmaster: Jess Herr

No report

GOLD LEAF: Stephanie Kassulke

- Research needs to be further explored—Children's Hospital poster—could this be presented at the fall conference?
- Mitch plans to create an article for the Awakening about research.
- Application criteria includes: * ASPAN recertification seminar
- Member participation online feedback for candidates
- Certification/recertification Seminar
- Celebrating PANAW-e-mail blasts
- Government affairs: need to make sure that the minutes reflect any discussion
- School of Nursing Report Marlene to look into how to receive credit for this (could this be taken from the website) and will create an application.
- Member's involvement
  - ASPAN
  - Community
- Finding information on website
- Transition checklist present and used
- Make sure policies are updated and there is a link to the policy that is readily accessible electronically. This needs to be very specific.
- Need improved method for recognizing members
- CPAN/CAPA recognition: recognition at the meetings, special drawing, and stickers at the conferences.
- Certificates are produced as well as recognition at individual facilities on national certification day.
- Other suggestions include:
  - Badge identifiers
  - PANAW week blast e-mails, pens or carnations?
  - Members involvement in ASPAN/Nationals: currently Stephanie and Bonnie are involved. Marlene did sign up for the clinical practice committee.
  - The application committee looks at the percentage of members involved.
  - A directory available that includes membership by state.
  - Research-education about process
  - Community involvement-MHAUS donation
  - Marlene’s offering of a CPR class for community members on June 4, 2015.
  - Stephanie will bring carnations for the fall seminar.
  - Donations via a raffle for MHAUS will be collected at the fall conference.

Future Conferences

- Half day seminar Milwaukee, September 12
- ASPAN sponsored conference in Milwaukee
Old Business: M. Nahavandi

Received a certificate thanking us for our donation for $183 from Fort Sam Houston Warrior and Family Support Center. Strategic goals were updated and we need to ensure that the website is updated. Membership, Webmaster, president elect, and president should have access to all members and their information on the Master report. Marketing is essential to boost our membership. Research needs to be on the forefront of our minds Update the information for your area on the website and communicate changes to Jess. Marlene will update this information. Examples for improvements in marketing include: Facebook, pamphlets, e-mail blasts, and 15 minute meetings with the managers of PACUs and other perioperative areas. Look for articles for which support evidence based practice where you Board members Marlene Mary R. Board members and Marlene

work to help educate the members of WISPAN. Send to Marlene and Stephanie if you have any information to be placed in the Awakening. Mary R has information on early post-op mobility.

Questions

Website discussion: Discussion about how to coordinate blast e-mails most effectively and how to avoid duplication or multiple e-mails. Discussion about free websites. The discussion will occur at the next meeting with all of the key players. Marlene

Meeting adjourned: at 12:52pm.

Minutes recorded by: Jennifer Voeh MHA BSN CAPA, WISPAN Secretary

Congratulations!

Newly Certified Nurses

Christine Ann Van Laanen
Roxane Ann Dachman
Lisa Barrows
Anne Holroyd
Laura Marie Peterson
Marianne Pronold
Kari Danae Oldenburg
Janet Antoinette Beck
Brenda Faith Gillingham

Kim Papenfuss
Donna Kijak
Tiffany Duff
Linda Ramthun
Sara Lohmier
Kelly Niewolny
Erin Marie Murphy
Cindy Anderson
Nicole Buehler
Judith Gabriel
CERTIFICATION NEWS

ABPANC Offers New CPAN/CAPA Study Question of the Week
Check out the new Study Question of the Week on the ABPANC website at www.cpancapa.org. Each week ABPANC will post a new CPAN or CAPA study question with the previous week’s answer. Nurses can also subscribe to receive the questions via email, or find them on the ABPANC Facebook page at: www.facebook.com/abpanc

CPAN® / CAPA® “Nursing Passion in Action” Award
Nominate a colleague when you see Nursing Passion in Action. Any CPAN and CAPA nurse who goes beyond their normal job responsibilities to provide outstanding patient care is eligible for the monthly Nursing Passion in Action award. Each month, ABPANC selects 10 winners and gives them a $25 gift certificate to be used for great merchandise at the CPAN/CAPA online store.

The award nomination is easy to fill out and award posters are available online at: www.cpancapa.org/resources/awards/passion

Contact ABPANC
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The lecture was by Greg Greenberg who has 6 years of ICU experience in Jefferson Hospital for Neuroscience. His focus for this lecture was acute stroke management in the post op period. He states that Neurological assessments in the PACU are among the most difficult of all tasks. The easiest assessments are healthy patients with no deficits who can accurately self-report and their exact preoperative base is known. Assessment difficulty increases with the acuity of the patient and the amount of anesthesia received. Emergency cases are especially challenging when there is no knowledge of this status.

If someone is not waking up and you think they ought to be it pays to look deeper as to why and be sure to consult other colleagues and anesthesia. If the PACU nurse detects any neuro change notify anesthesia immediately and anticipate a STAT head cat scan.

If the patient can follow simple commands as thumbs up or squeeze the nurse’s hand and let go this covers their ability to process language in the PACU. If the patient will not wake up the nurse may have to use vigorous and repeated noxious stimuli. For example the nurse should use a sternal rub to try to awake a neuro patient.

By associating areas of the brain with their vascular supply and function it will be easier to spot intra-op and post-op neurological changes. This will help the nurse focus on the most important assessment items. For example, middle cerebral arteries perfuse the following areas: frontal lobes, temporal lobes, parietal lobes, and deep structures such as the basal ganglia and internal capsule. Damage to this area of the blood vessel may cause damage to visual pathways, motor weakness in the upper extremities, conjugate gaze deviation, facial droop, aphasia, sensory loss, neglect in the non-dominant hemisphere, and dysarthria.

Anterior cerebral arteries perfuse the anterior and medial portions of the frontal lobes. Disruption or damage in this area can cause contralateral motor weakness in arms and especially the legs. The neurological patient can also experience contralateral motor sensory loss, cognitive deficits as disorientation, or personality changes, aphasia, and urinary incontinence. This area is much easier to notice if a preop assessment is known.

Posterior cerebral arteries perfuse the occipital lobes and the medial and inferior portions of the temporal lobes. Disruption of the blood flow to this area may cause contralateral sensory loss, cortical blindness, and visual field cuts, cognitive deficits with short-term memory loss/disorientation, and cranial nerve III palsy. Contralateral motor and sensory deficits can be caused by extensive temporal or parietal damage. In the left or dominant side of the brain this can cause aphasia and in the non-dominant right side may cause neglect.

The basilar and vertebral arteries perfuse the cerebellum and brain stem. Damage to these areas can cause diplopia, vertigo, dysphagia, slurred speech, decreased gag reflex, arm and face numbness, ataxia, abnormal breathing pattern, inability to maintain airway, and bilateral motor weakness. Any brain stem injury will often lead to critical illness.
“Igniting Professionalism: Excellence in Practice, Leadership and Collaboration” was this year’s theme at the American Society of Perianesthesia Nursing’s 2015 National Conference. Approximately 1800 nurses from throughout the world were in attendance. There were opportunities to share practice issues, learn best practice recommendations and network. One session that I attended I found interesting was called, “Don’t be the Bottleneck: Why Perioperative Throughput Matters”, by Lila Berry Martin, MSN, RN of the University of Kansas Hospital.

Martin started her session by reviewing changes in healthcare reform. She noted that we are seeing a shift in healthcare to optimize patient’s health before they come in for surgery. By 2018 healthcare reform will give hospitals one bundled payment for a surgery. For example, if a patient were coming into the hospital for a total joint replacement, one “pot of money” would be given for that episode of healthcare. This means that the “pot of money” would need to be split between the preoperative visit with the surgeon, the pre-admission center, the surgery (including OR, anesthesia, surgeon, recovery), inpatient stay (including therapy, nursing, labs), the skilled nursing facility, all the way until the two month postoperative appointment.

Since all that touch a patient during their surgery would split the reimbursement, there will be a big focus on quality. If a patient goes through a very efficient hospital system that manages care based on quality, the patient is less likely to have complications or secondary infections, which would prolong their stay. If hospital length of stay is prolonged, the “pot of money” for the bundled service will be spread even thinner resulting in less profit for each player in the patients’ healthcare team.

Martin continued her session by noting the importance of the preadmission center (PAC). PACs are key in making sure patients can be at their optimal health before they come in for surgery. The PAC is instrumental in keeping cancellations and operating room delays to a minimum. The PAC should be screening for cardiovascular disease, obstructive sleep apnea, reactive airway disease, obesity, extremes in ages, anticoagulation, length of surgery and the need for general anesthesia.

Martin noted that in most hospital systems 60-70% of the operating budget comes from the operating room. She refers surgical services as the “Engine of the Hospital”. The operating rooms need to continue to make strides in quality to keep hospital systems vital. As perianesthesia nurses, we all need to be focused on quality to meet 2018 healthcare reform goals. After all, in doing this, we are doing what is best for all patients.
I attended the 2015 ASPAN National Conference in San Antonio and want to thank WISPAN for the $1000 scholarship. What a beautiful city for a national conference!

The conference was one of my best yet! It began on Sunday with Component night where I enjoyed playing a Texan for the evening. This is always a fun night where nurses can let their hair down and many did! I enjoyed visiting the many regional booths, dancing, eating, enjoying a beverage and participating in the many raffles. No, I didn’t win!

The rest of the time was spent learning and reenergizing my practice. I attended several great presentations; gained ideas from the posters presented and saw new products from the exhibitors. Best of all, I was able to network with other perianesthesia nurses from across the country and the globe.

I have grown so much as a member of ASPAN/WISPAN and as a perianesthesia nurse over the years. With your support and encouragement, posters of my organization’s best practices were presented at the Seattle and Chicago conferences and at the first ICPAN. I was recently a panel presenter at the fall WISPAN conference and am hoping for an article to be published in JOPAN.

Once again, I want to thank WISPAN for the generous scholarship. Several great concepts were learned and will be shared with my colleagues over the next few months. I am proud to be a perianesthesia nurse and a member of WISPAN/ASPN. Who knows, maybe I will get my certification next!

WISPAN Fall Seminar
Join us in Milwaukee
Aurora Conference Center
Sycamore
Saturday, September 12
Topics will include:
Anessthesia Events
Malignant Hyperthermia, MHAUS Physician to Present
Newest in Pharmaceutical Advancements in MH Treatment
Watch the website for further information
Certification Scholarship

Certifying or Recertifying! WISPAN has scholarships. There are 5 scholarships available for CPAN and CAPA each for a total of 10. Available for Spring and Winter testing. Application must be submitted 6 weeks prior.

Certification Coach

Need help with studying for certification testing? We have coaches available. Please contact either:

Donna Lopez BSN, RN, CAPA
mdllopez@aol.com

Other Scholarships Available

ASPN National Conference: 5 scholarships available. Deadline for submission is January 15.

ASPN/WISPAN Workshop: 2 Scholarships available. Deadline for submission 4 weeks prior to offering.

WISPAN Seminar: 4 scholarships available. Deadline for submission, 4 weeks prior to offering.

Continuing Education: 2 scholarships available given. Deadline July 1 for preceding semesters.

Mission Nursing Grant: 1 scholarship available. Deadline for submission is July 1 for previous year.

International Conference: 2 scholarships available. Application submitted 60 days prior to seminar.

See Website for more information.

Editor’s Corner

Congratulation to Susan McLeish, the 2015 Newsletter Contest Winner. Susan won a free ASPAN/WISPAN membership. Would you like to be the next winner? Consider writing an article about an interesting case, new technology, surgery? Consider taking pen to paper! Contact me with your ideas and I will mentor you through the writing process.

The newsletter contest is available again this year. The winner is announced at the Winter seminar. All authors are entered; winner is randomly selected. But you can not win if you do not write. Does writing scare you? Would you like to get a chance for this membership? Contact me and together we can make this happen.

Stephanie Kassulke MSN, RN, CPAN
WISPAN Editor
Research Isn’t Just for Laboratories

When people mention the term research most people think about lab experiments. Did you realize that when you use the Internet to look up something that you did not know that you are actually doing research? Something as simple as using your smart-phone to look up information is considered research. There is numerous different ways in which research can be completed. It can be as simple as looking up alternative medications to utilize for a patient that is allergic to the most common drugs or as complicated uses of experimental surgeries for terminal illnesses. WISPAN is committed to helping you advance the practice of Peri-Anesthesia Nursing. WISPAN is one of the few state chapters that have a research chair to help you with your questions and guide you through the process. We also have grant money available to help offset the costs of doing the research. Currently you need to apply using the scholarship form but we are working to develop a new on-line grant application that will be much more user-friendly. If you are needing a project to complete for your own professional goals or perhaps for advancing your degree, please feel free to reach out to the Research Chair for help. They are eagerly waiting to help you with your research and evidence-based practice needs.

Mitch Luker

Have you been to our Website? The site is reviewed and updated as needed.

Future plans include acquiring the ability to create forms that the membership can complete online and submit, for example scholarship application, Willingness to Participate.

WISPAN has added the ability to use PayPal for paying for seminars. The Winter Seminar was the first. The process worked well.

Jessica Herr

Our Heroes In Blue

They begin each day before the dawn
Prepare the cubbies ‘n turn the oxygen on
“Be ready for anything” is the refrain of the day
Our patients will come we must decide where they’ll lay

The first one arrives with their airway still in
These angels replace the pain with a grin
As his consciousness clears, the face that he sees
Is the face of his angel, she’s brought ice for his knees

The PACU is quiet, this is no easy task
When you’re treating his pain and checking his grasps
Their kindness and softness is much more than a task
It is a genuine caring behind the blue mask

Sharon Ponting RN

So today we celebrate their knowledge and skill
Their life and death decisions are more than a drill
Unrecognized hero’s I say with much pride
A Soft touch, hugs and tears so many they’ve dried,
None of these things are taken in stride.

They read and they study to stay current and learn
To ensure patient safety is their only concern
These nurses are heroes to everyone here
With their skill and their knowledge there is nothing to fear

With precision and grace they finish each case
They wash and they bundle with warm blankets in place.
They ensure I am comfy and even warm of the bump
And make sure that the blankets will cover my rump
May God bless them for all that they do and let’s say, we are lucky to have you, as we celebrate today
WISPAN MISSION STATEMENT

The Society is committed to the promotion of PeriAnesthesia nursing as a specialty and enhancing the professional growth of its members.

Deadline for next AWAKENING is
November 13, 2015

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