Athletes should be carefully observed the first 24-48 hours and should be transported for immediate medical attention if they have any indication of cervical spine injury, any focal neurological deficit, or decreasing level of consciousness. In addition, if their symptoms become more severe, or if any of the signs below are reported they should be transported for immediate medical attention.

**SIGNS INCLUDE:**

- any loss of consciousness greater than 30 seconds
- increasing headaches
- repeated vomiting
- slurred speech
- increased confusion
- unusual behavior
- irritability
- seizures
- weakness or numbness of the lower extremities
- significant cervical pain with tenderness and/or loss range of motion

http://preventingconcussions.org