A Message from our President: Nancy Mattucci

Fall brings an enormous amount of work for the school nurse: reviewing immunizations, care planning, organizing supplies and records, transcribing medication orders and so forth. It can be a stressful time. However, fall also brings new opportunities to make positive changes in the lives of students. It’s a fresh start for students and staff alike. Be mindful of why you chose a nursing career. Acknowledge the impact you have on the educational programs of your students and be proud of the work that you do. We are SISP, Specialized Instructional Support Personnel and the services we provide decrease health-related barriers to learning and support student success. Be a voice for school nursing in your school system. Talk to parents, school boards and members of the community. Let them know the important work that you do.

We encourage you to check out the new MASHN webpage, like us on Facebook and join us at the conference in November!

MASHN is a professional school nurse organization dedicated to promoting the role of school nurses in contributing to the health and educational success of students. MASHN provides leadership, advocacy and linkages to the Board of Nursing, state agencies and other pertinent organizations. MASHN is committed to the advancement of school health programs through professional development.

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Upcoming MASHN Conference:
By Conference Chair, Barb Masenior

We are excited about our upcoming MASHN Convention in Ocean City Maryland on November 12th. Hotel reservation discounts continue only until October 10th—so book now!

The registration flyer is attached to this newsletter and this year you can choose to pay on-line if you desire.

The topics for conference workshops are relevant to all of us:

- Difficult People in the Workplace
- Legal Aspects, Delegation in Schools
- Cardiac Anomalies and Sudden Death
- Clinical and Emotional Issues of Diabetes

Our conferences always present wonderful opportunities for networking and sharing ideas about best practices.

We hope you will join us!

“Can I get continuing education credit for stories that never cease to amaze me?”

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NBSCN LIAISON NEWS

By Donna Lyman, MS RN, NCSN

Currently there are 50 Nationally Certified School Nurses in Maryland, up 6 from last spring! Please join me in congratulating Betsy Rudolf from Baltimore County Public School System, Stacey Bailey from Washington Episcopal School, and Susan McHale, Kelly Tabak, Karen Torpey, and Kerrie Wagaman from Howard County Public School System. Congratulations on your recent accomplishment!

Introductions, congratulations, and thank you to Jan Brant who will join me as the Maryland NBSCN Liaison. We will be sharing responsibilities.

Maryland Certified School Nurses are invited to volunteer on a national level. Opportunities often involve paid travel expenses and opportunities include Exam Form Review, Pool Review, Item Analysis, and the Re-certification committee.

The remaining testing window for 2016 is: November 7-November 19

Applications are due by October 7th.

Dates for 2017 will be added early next year.
**Legislative Corner:**

**Diabetes Care in Maryland Public Schools**

HB 7711/ Annotated Code of MD § 7-426.4

The legislation passed this January requires DHMH and MSDE to create guidelines and offer technical assistance to care for students with diabetes in Maryland Public Schools.

The guidelines will be published soon and will be available on the MSDE website. School nurses will still follow the Nurse Practice Act standards for delegation of nursing responsibilities.

Our own President, Nancy Mattucci has won the Maryland Nurses’ Association Rosalie Silber Abrams Legislative Award for her work to ensure standards that protect student safety.

Our President-Elect Mary Nasuta will be representing MASHN at the upcoming Maryland Association of Boards of Education conference this month to educate our Board Members about this new legislation.

MASHN will continue to follow bills that affect our practice. If you have concerns or would like to get involved, visit our website and contact us!

**MASHN AT NASN— INDY 2016**

The Maryland Association of School Nurses was well represented at the National Association of School Nurse conference this year in Indianapolis. In addition to amazing networking opportunities, Maryland nurses participated in many continuing education sessions. Debbie Somerville (Baltimore County) presented a session on evaluation of school nurses. Mary Nasuta (Harford County) discussed legislative lessons at the leadership session.

Proud to represent Maryland school nurses!
We’re Not Alone

Sometimes in our day to day work, it may feel, at times, overwhelming and like we are all alone. Attending the National Association of School Nurse’s (NASN) convention in Indianapolis this summer reaffirmed to me that we are not. There is an amazing network of school nurse professionals at our disposal if we learn how to access it. The energy and excitement of school nurses from across the globe gathering in Indianapolis was palpable. Experts from many specialties validated the importance of the role of the school nurse, initiated discussion about how to improve our day to day practice through evidence based practice, and encouraged us to expand our reach by explaining and quantifying what school nurses do. School nurses touch the lives of students, families, staff, and surrounding communities throughout the world. If we want to make an impact, we must continually challenge ourselves. How can we do that? For me, networking, self-improvement, and continually expanding my knowledge base are key to improving my practice. Here are some of the lessons I learned from my NASN annual conference experience.

What networks are available to support us? If you are new to networking, start with your school community. Are there parent organizations, supportive administrators or staff, local community business partners, and health care providers? Many are willing to help, but need to know your school’s needs. At the district level, support can be sought from fellow school nurses, supervisors, county / city legislators, local community colleges, non-profits, and school board members? At the state level, school health consultants, the Maryland Association of School Health Nurses (MASHN), state legislators, state colleges, and other health organizations may provide needed support for what you seek to accomplish on behalf of your school communities. Finally, at the national level, membership within NASN is a valuable resource for enhancing your school practice. Whether you are a novice or expert school nurse, NASN is there to support you. Attending a MASHN or NASN conference will help connect you with the supports you need.

The NASN annual convention allowed me to get to know nurses from the district, state and national level. Starting with the bus ride from the airport and ending with the flight home, there were opportunities to spend time with other school nurses. Time spent together telling stories, sharing meals, laughing, and taking in the sights of Indianapolis will long be remembered. One of the challenges of practicing nursing in an academic setting is feeling isolated and misunderstood. No one gets us like other school nurses and opportunities to spend time together are typically infrequent. Attending a MASHN or NASN conference or professional development is one way to develop and strengthen those relationships.

One of my favorite things about the NASN convention was the opportunity to learn current information about health issues that impact my school community. I have been a nurse for 30 years, have learned a lot in my career, and believe I can always expand and update my knowledge base. I attended many sessions and some of my favorites addressed managing sickle cell disease, utilizing social media in school nursing practice, applying for grants, collaborative approaches to asthma care, and poster presentations describing projects conducted by school nurses across the country. It is inspiring to see the amazing things school nurses are doing throughout our country. Many sessions were interactive so, it was interesting to discuss different ways of handling the same issues. I hope to apply much of the information in my practice to improve outcomes for my school community.

School nursing is a rewarding and challenging profession and it is impossible to do alone. We need knowledge, support, and energy to meet our school communities’ needs. Attending the NASN convention renewed my energy, increased my knowledge, and expanded my support community so I can face this new school year with renewed commitment to make an impact on the health and well-being of the school community I am honored to serve. I encourage you to attend the MASHN conference in November and the NASN conference in San Diego in June 2017. You will be glad you did!
MARYLAND ASSOCIATION OF SCHOOL HEALTH NURSES

ANNUAL CONFERENCE
November 12, 2016

SCHOOL NURSING: THE CLINICAL, EMOTIONAL AND LEGAL ASPECTS & CHALLENGES

AGENDA

7:00am - 8:30am  Registration and Continental Breakfast -Exhibits
8:00am - 8:30am  Open MASHN General Meeting (Members)
8:30 am - 8:45am  Welcome and Introduction
8:45 am - 9:45am  "Difficult People in the Workplace"
                  Kathryn Rockefeller- Director;
                  Mediation & Conflict Resolution Center, Howard Co. College
9:45 am - 10:00 am Break
10:00 am - 12 Noon  "Legal Aspects, Delegation in Schools"
                   Edie Brous, Esq., PC-Nurse Attorney; New York City, NY
12 Noon - 1:30pm  Lunch, Networking, Visit Exhibitors
1:30 pm - 2:45 pm  "Cardiac Anomalies and Sudden Death"
                   Ashley Davis, CRNP, PNP: BC; Westminster Pediatrics; JHUSON
2:45pm - 3:00pm Break and Exhibitors
3:00pm - 4:15pm  "Clinical and Emotional Issues of Diabetes"
                   Malinda Duke, CPNP - CDE; University of MD; Endocrinology Dept.
4:15pm  Closing Remarks, Evaluations and CEU’s

This activity has been submitted to the Maryland Nurses Association for approval toward contact hours. The Maryland Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

8:45 - 9:45  Difficult People  1.0hrs.
10:00 - 12noon  Legal Aspects  2.0hrs.
1:30 - 2:45  Cardiac Anomalies  1.25hrs.
3:00 - 4:15  Diabetes  1.25hrs.
TOTAL  5.5hrs.
Reserve Your Room NOW!

**Deadline for Reservations is October 10, 2016!**

**To Make a Room Reservation Go Online to:**

www.princessroyalegroup.com

**Call for further reservations information or assistance:**

1-800-476-9253

Mention Group Code: 4187MASHN

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**Registration Form** *(Online Registration available at www.mdashn.org)*

**Name:** ___________________________ **Place of Employment:** ___________________________

Home
**Address:** ___________________________ **City:** ____________________ **State:** _______ **Zip:** _______

Phone Number: ___________________________ **Email:** ___________________________

**MASHN Member:** _______ **DCSNA Member:** _______ **Other:** _______ **Non-Member:** _______

**Board Position:** ___________________________

**Registration Costs:** *Includes Conference Materials, Breakfast, Lunch Buffet, Breaks, CEU’s*

*This activity has been submitted to the Maryland Nurses Association for approval to award contact hours. The Maryland Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.*

- **Member- $129** *(Before November 2, 2016)*
- **Member- $139** *(After November 2, 2016)*
- **Non-member- $149** *(Before November 2, 2016)*
- **Non-member- $159** *(After November 2, 2016)*

- **$100** *(By November 2, 2016)*

**Luncheon Guest-$35**

**Special Dietary Needs** ___________________________

**NO REFUNDS**

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**Two Methods of Payment**

1. **CREDIT CARD**
   - On-line Registration Only at www.mdashn.org

2. **PAY BY CHECK**
   - Mail in above form with payment to...

**Or Register Online**
   - and mail payment to address shown to the left.

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**Online Instructions:**

Step 1: Go to: www.princessroyalegroup.com

Step 2: Click on “Reservations” at the top.

Step 3: Enter 4187 in Group Booking ID Box. Click on Get Dates. Click Submit.

Follow the rest of the online instructions to complete your reservation.

**Room Block Dates:** Friday, Nov. 11 thru Sunday, Nov. 13, 2016.