Supplemental handout on ways in which a young child might express allergic symptoms:

- My tongue or mouth is tingling, hot, burning or spicy
- My mouth or ears itch
- My lips feel tight
- There is a frog in my throat
- My tongue feels full or heavy
- My mouth feels funny
- My tongue feels like there is hair on it
- I have that taste in my mouth again (metallic taste)

*Remember, when a previously active and usual acting child becomes suddenly ill to think about an allergic reaction as the possible problem. Be aware of allergy as a possibility and note clues that might point in that direction.*